

OMD DEFINITION

“Orofacial myofunctional disorders are disorders of the face, mouth, lips, and/or jaw. They can directly or indirectly affect skeletal growth development, dentofacial development, jaw stability, chewing, normalized swallowing patterns, developing speech patterns and oral hygiene.”

-Mary Billings, MS, CCC-SLP, COM®

“Currently there is a shortage of well-educated healthcare professionals who are knowledgeable about orofacial myofunctional disorders and how these disorders can affect sleep, breathing, swallowing, growth and development, behavior, school performance, and some speech issues.”

Paula Fabbie, RDH, BS, COM®

Lorraine Frey, RDH, LDH, BAS, COM®,
FAADH

OUR STAFF



Rebecca Bailey-Torres,
M.Ed., M.S., CCC-SLP

Speech Language Pathologist
Orofacial Myologist

Rebecca is a Speech-Language Pathologist (SLP), orofacial myologist and the founder of Nevada Educational and Therapy Solutions (NEATS), which she opened with 15 years of professional experience in public education.

In December 2019, Rebecca took an initial 28 course on the orofacial complex and assessing dysfunction of this system. This training was career changing. It is now Rebecca's professional goal to educate as many people as possible on healthy mouth development for feeding and speech to prevent orofacial myofunctional disorders (OMD). Please visit our website for a more thorough bio.



Kelsi Callahan, RDH, OMT

Registered Dental Hygienist
Orofacial Myologist

Kelsi has worked in the field of dentistry since 1999, initially as a dental assistant in General Dentistry and then as a specialty assistant in Endodontics. She has been practicing Dental Hygiene since 2006.

In 2021, Kelsi pursued education in Myofunctional Therapy and has over 70 hours of training. She is excited to be a part of an ever-growing field of health where recognition and correction of oral myofunctional disorders can make life-changing improvements on how people efficiently take each breath. She finds it rewarding to be a key component of a customized collaboration of multidisciplinary airway focused providers in our community, to help people achieve a healthy oral rest posture that will transform their health!



Education and Therapy... Building Blocks for Success!

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Let's Talk About
Orofacial Myofunctional Disorders

Office Hours:
M/W/F 8-6pm
T/TH 2-7pm

In person or telehealth visits



Symptoms of OMD

*Please note that this is not an inclusive list
Infants:

- Hungry/unsatisfied baby
- Eats for short frequencies, then screams
- Colic, reflux
- Nipple pain/chapping for Mom
- Frequent breast infections for mom
- Poor weight gain
- Feeding baby is a full time job
- Poor latch on breast
- Falls asleep while feeding
- Clicking or smacking noises

Children and Older:

- Congestion/mouth breathing
- Open mouth posture at rest
- Allergies
- Low tone
- Dental crowding/cross bite/open bite
- High and narrow palate
- Tongue Tie
- Drooling
- Dark circles under eyes
- Thumb or object sucking
- Nail Biting
- Bedwetting
- Open mouth chewing/sloppy eating
- Head aches
- Neck pain
- Repeated orthodontic treatment
- Gum recession

Baxter, R., Musso, M., Hughes, L., Lahey, L., Fabbie, P., Lovvorn, M., Emanuel, M. (2018). Tongue Tied. Alabama Tongue-Tie Center: Pelham, Alabama

Information

- Our orofacial myologists participate in a quarterly networking group, Breathe Reno, which is a group of likeminded professionals.
- Individuals with orofacial myofunctional disorders (OMD) often require the expertise of a transdisciplinary team of professionals. *Some* of these include:
 - Speech Language Pathologists (SLPs)
 - Dentists
 - Orthodontists
 - ENTs
 - Lactation Consultants
 - Chiropractors
 - Occupational Therapists (OTs)
 - Physical Therapists (PTs)
 - Licensed Massage Therapists (LMTs)
 - Craniosacral Therapists
- After treatment of the OMD, traditional speech therapy may be necessary to correct speech sound errors.
- Only a licensed SLP can treat a speech sound disorder as long as any underlying OMD has been treated.
- OMD does not age discriminate. Adults may have OMD which has never been identified but may cause a variety of issues. We treat all ages!!!

Insurance

We are providers with the following insurance companies.

- Aetna
- Ambetter
- Anthem Medicaid
- Anthem Blue Cross Blue Shield
- Cigna
- Health Plan of Nevada—Medicaid
- Health Plan of Nevada
- Hometown Health Plan
- Medicaid/FFS
- Molina
- Prime Health Care
- Prominence –Health Care
- Silver Summit Medicaid
- Silver Summit
- UMR



The above picture depicts Amanda trying to get correct tongue placement for the /t/ sound before implementation of orofacial myofunctional therapy (OMT) as indicated with her tongue protruding through her teeth. Amanda can now get correct tongue placement for /t/ where the tongue tip should be in contact with the maxillary alveolar